

Don't **SHAKE**™ take a break!

## PREVENT SHAKEN BABY SYNDROME

Identify baby's needs: hunger, diaper, and/or illness.  
Baby **won't stop** crying? **FRUSTRATED?** Try these ideas:

- **Allow your baby to cry in a safe place**
- Be patient, take a deep breath, count to ten
- Take the baby for a walk outside in a stroller
- Call a friend and ask them to come over
- Play music or the television

**SBS:**  
**101**™

Doctor's  
phone #

**Child Help Hotline • 800-422-4453**

[www.childadv.net](http://www.childadv.net)

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- **Visit [dontshake.org](http://dontshake.org)!**

**SBS:**  
**101**

*"Rey taught me that YOU must have a plan to handle a baby's excessive crying, before you ever take care of a young child! TALK ABOUT IT NOW!"*  
Tara Peltier, CASA Volunteer

CHILD HELP HOTLINE  
**CHILDADV.NET • 800-422-4453**

An infant may spend  
**2-3 hours** a day crying,  
but **20-30%** of babies  
**exceed** this amount.

Death or injury as a  
result of SBS is a crime  
punishable by law.



INSPIRED BY REY REY

SHAKEN 7/2/99 • DECEASED 6/26/08

INSPIRED BY CYNTHIA



SHAKEN 11/17/2000 • DECEASED 11/7/2000

**25%** of victims  
**die** as a  
result of their injuries

**SURVIVORS**  
of Shaken Baby Syndrome  
suffer permanent disabilities

Stats provided by DontShake.org

DESIGNED BY LACEY PYLE  
[WWW.LACEYPYLE.COM](http://WWW.LACEYPYLE.COM)

Resource developed  
through



# Don't **SHake** take a break!

## SBS: 101

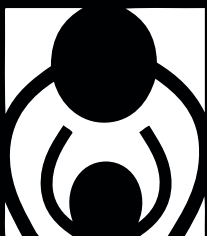
Intro to Shaken Baby Syndrome  
**Shaken Baby Syndrome/**  
**Abusive Head Trauma**  
is a **serious brain**  
**injury** that occurs  
whenever an  
**infant** or **toddler** is  
**violently shaken**

Shaking a baby can  
cause **severe brain**  
**damage, blindness,**  
**learning problems,**  
**seizure disorders,**  
**cerebral palsy,**  
**even DEATH**

*"Hear joy in a baby's cries,  
the tears won't last; the tragic  
result of shaking will!"*

*Stacie Schrieffer LeBlanc, J.D., M.Ed.*  
*Director of the Audrey Hepburn CARE Center and the*  
*New Orleans Children's Advocacy Center*  
*of Children's Hospital New Orleans*

**CAS**  
Child Advocacy Services



**Child Advocacy Services provides**  
**advocacy, clinical services,**  
**and prevention education**

for children and families through the Court  
Appointed Special Advocate (CASA) and  
Children's Advocacy Center Programs. CAS  
maintains a variety of educational resources  
and services to prevent child abuse. Join us in  
our mission to give voice, healing and security  
to children. Learn more, please visit

**[www.childadv.net](http://www.childadv.net)**

**or call us at 1-800-798-1575**

**Child Advocacy Services is a partner agency with**



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**CHILD HELP HOTLINE**

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